

ST. ANN PARISH

Home of Native Peoples' Mission

Served by the Holy Cross Fathers



UNITY IN DIVERSITY "Moved by the Good News of Jesus Christ... We value our diversity" (St. Ann Parish Mission Statement)

Pastor:

Fr. Francis Salasiar, CSC

In Residence:

Fr. Roshan D'Souza, CSC

Office Hours

Sunday - Thursday:
9:00 a.m. - 1:00 p.m.

Finance Anne Francis

Secretary

Pastoral Assistants

Maria Fernandes

Development & Peace

Catherine Barry

Food Bank

Carlos & Colette Carreiro

Music Ronald Vengie Fabre

Caretaker Rosalie Tolentino

Daily Mass

Monday-Wednesday 8:00 a.m.

Thursday No Mass

First Fridays 6:00 p.m. Adoration

7:00 p.m. Mass

Other Fridays 6.30 p.m. Adoration

7:00 p.m. Mass

Weekend Activities

Saturday

9:00 - 10:30 am: **Food Bank**

4:15 pm: **Novena to St. Bro. Andre**

4:30 pm: **Novena to St. Ann**

5:00 pm: **Sunday Vigil mass**

6 pm: **1st Saturdays - Healing Service**

Sunday

9:30 am: **Divine Mercy & Rosary**

10:30 a.m. and 6:00 p.m. Mass

10:30 am Mass: **Children's Liturgy**

1st Sundays

11:30 am: Development and Peace

Group **Fair Trade - Coffee Sunday**

Native Peoples' Mass

12:30 p.m.

Celebration of Sacraments

Baptism: preparation required
(please contact office)

Reconciliation: Saturdays 4:15 -
4:45 p.m. or by appointment

Matrimony: (couple contacts
office one year in advance)

Parish Ministries

Pastoral Council

Finance Council

Liturgy/Faith Formation

Altar Servers

Music Ministry

Lectors

Eucharistic Ministers

Collection Counters

St. Ann Parish Food Bank

Development and Peace

Out of the Cold Program

Handmaids of the Lord

St. Ann Rosary Makers

120 First Avenue, Toronto, ON. M4M 1X1 (Corner Gerrard East & Degrassi St).

Phone: 416-466-2127

Email: stannsto@archtoronto.org

Website: <https://stannsto.archtoronto.org>

Website: <https://nativepeoplesmission.archtoronto.org>

30th Sunday in Ordinary Time: October 29, 2023



Saturday, October 28 at 5 p.m. Mass
St Simon and St. Jude (F)

Sunday, October 29 at 10:30 a.m. Mass *for the Parishioners of St. Ann*

Sunday, October 29 at 12:30 p.m.
Native People's Mass – All are welcome

Sunday, October 29 at 6 p.m. Mass

Monday, October 30 at 8 a.m. Mass

Tuesday, October 31 at 8 a.m. Mass
All Souls +

Wednesday, November 1 at 8 a.m. Mass
All Saints (S)

Thursday, November 2 at 7 p.m. Mass
All Souls (M)

Friday, November 3 at 6:00 p.m. Holy Hour, 07 p.m.
Mass,

Saturday, November 4 at 5 p.m. Mass
St Charles Borromeo (M)
Mina Galicia–Thanksgiving B'day

Sunday, November 5 at 10:30 a.m. Mass *for the Parishioner of St. Ann*

Sunday, November 6 at 12:30 p.m.
Native People's Mass – All are welcome

Sunday, November 6 at 6 p.m. Mass

30th Sunday of Ordinary Time Year A

Reflection

One of the most commonly used words in today's culture is "love." It has become so familiar in our regular language that people use the same word to describe their sentiments towards pizza, their pets and their children. Clearly a different level of love exists between those three things but this common usage of the word can slowly lead us to lose the meaning of love in its truest sense.

In the Gospel today, Jesus boils down all of the commandments into loving God with all our being

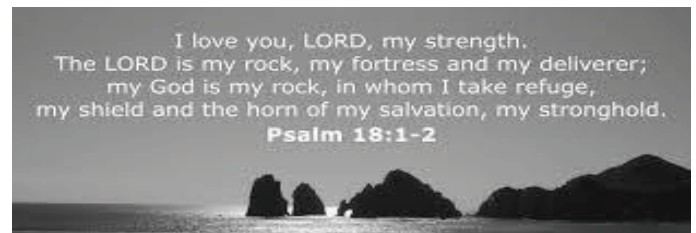
and loving our neighbour as ourselves. In order to fully love God and our neighbour, we need to remind ourselves what the true definition and expression of love is. Love is ultimately a sacrifice. It is willing the good of the other, which involves us foregoing our own interests for theirs.

St. Teresa of Calcutta beautifully says that for "love to be real, it must cost—it must hurt—it must empty us of self." As stewards, we should always keep this understanding of love in our minds because stewardship is essentially a life of love. With this true understanding, we will not be surprised when we face difficulties or suffering in our ministry. Likewise, it helps us ask ourselves if we're being too comfortable in our generosity and challenges us to give even more of ourselves. Let us seek to constantly serve God and our neighbour in our parish community out of a deep love for them.

Summary

In the Gospel today, Jesus boils down all of the commandments into loving God with all our being and loving our neighbour as ourselves. St. Teresa of Calcutta beautifully says that for "love to be real, it must cost—it must hurt—it must empty us of self." Let us seek to constantly love God and our neighbour in our parish community by sacrificing our own desires for their good.

-Stewardship Bulletin Reflections, Archdiocese of Toronto



Serra's 'Vocation Seeds'

"You shall love the Lord your God with all your heart, and with all your soul and with all your mind." Live in that love in the priesthood, diaconate or consecrated life.

email vocations@archtoronto.org

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Praise & Worship ADORATION

Please join us on this first Friday, Nov. 03rd at 6 p.m. for praise and worship and Adoration. Followed by at 7 p.m. Holy Eucharist.



30th Sunday in Ordinary Time: October 29, 2023

Pope Prayer Intention 2023

The Pope's prayer intentions for 2023 represent a wide array of challenges facing humanity and are the result of much prayer and discernment. In **October** we pray with Pope Francis that the Church, that she may adopt listening and dialogue as a lifestyle at every level, and allow herself to be guided by the Holy Spirit towards the peripheries of the world. – Pope Francis

All Souls Day



We will start the yearly tradition of remembering the deceased family members and friends. You can begin to write the deceased names on the memorial book at the entrance of the church. There will be a special mass for all the deceased members on Nov 02, 2023, at 7 p.m. We will not be selling candles as in the past years, but a week before and on the day of the mass you will be given *free candles* to light in honour of your family members. On Nov 02, at 7 p.m. Mass, you would be given an opportunity to go in procession and to place the candles in front of the altar, remembering your loved ones. You can begin writing the deceased name from all the weekends of October and you also will receive an 'All Souls Day' envelope to write the names of your deceased family members and for your free will offering.

Donate Online

Don't carry cash or do not have cheques? Visiting St. Ann and want to donate to St. Ann Church? Want to collect miles or points on your credit card? A single or monthly donation through your credit card is a great option. Tax receipts are issued immediately for a single donation and at the end of the year for a recurring gift. Select the **Donate** button at <https://stannsto.archtoronto.org/> or scan the QR Code. Please ensure that St. Ann Parish is selected from the parish drop-down menu when you sign up.



You also can consider **PAG (pre-authorized Giving)**.

Barn Dance & Dinner



St Ann Parish will be holding our first event **Barn Dance and Dinner**, on **Saturday, November 25, 2023**.

Please come and join us to share good moments together! All we request is your presence as we celebrate the night with our parish community. Tickets are already available, the price for adults is **\$25.00**, kids 10 to 13 years old **\$15.00** and those below 9 are free. Those who want to help or donate to this event please contact the office at **416-466-2127**, Cristina at **647-906-4377** or Rosemarie at **416-554-8320**

5 Wellness Tips: Don't Skip Mental Health

In taking care of all aspects of your health come this time of year, fall weather can bring bouts of seasonal depression to many Canadians; here are 5 tips to help combat that:

- Eat healthy. It's tough to be on top of your game if you aren't giving your body nutrients that can provide the most energy and vitamins.
- Get moving. Physical activity releases endorphins and activates neurotransmitters that are associated with feelings of wellbeing and pleasure. Additionally, outdoor activities oxygenate your body and get you out in the sunshine.
- Go outdoors often and dress warmly. Take advantage of sunny days to venture outside.
- Soak up some sun... inside your home! Let sunshine in as often as possible (open the curtains wide) and sit near a window.
- Talk to a health professional if you think you have seasonal depression or are affected by the lack of light. They can present the various solutions that are available to you.

Coffee Sunday

Come together! Please join us this coming Sunday, November 5, 2023, for a coffee and conversation with our parish community immediately following the 10:30 a.m. mass at the back of the church. All are welcome.



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