# **ST. ANN PARISH** Home of Native Peoples' Mission

Served by the Holy Cross Fathers



UNITY IN DIVERSITY "Moved by the Good News of Jesus Christ... We value our diversity" (St. Ann Parish Mission Statement)

#### **Pastor:**

Fr. Francis Salasiar, CSC

In Residence: Fr. Roshan D'Souza, CSC

## **Office Hours**

Sunday - Thursday: 9:00 a.m. - 1:00 p.m.

FinanceAnne FrancisSecretaryPastoral Assistants<br/>Maria FernandesDevelopment & Peace<br/>Catherine BarryFood Bank<br/>Carlos & Colette CarreiroMusicRonald Vengie Fabre

Caretaker Rosalie Tolentino

Daily MassMonday-Wednesday8:00 a.m.ThursdayNo MassFirst Fridays6:00 p.m. Adoration<br/>7:00 p.m. MassOther Fridays6.30 p.m. Adoration<br/>7:00 p.m. Mass

# <u>Weekend Activities</u> <u>Saturday</u>

9:00 - 10:30 am: Food Bank 4:15 pm: Novena to St. Bro. Andre 4:30 pm: Novena to St. Ann 5:00 pm: Sunday Vigil mass 6 pm: 1st Saturdays - Healing Service

#### **Sunday**

9:30 am: Divine Mercy & Rosary 10:30 a.m. and 6:00 p.m. Mass 10:30 am Mass: Children's Liturgy 1st Sundays 11:30 am: Development and Peace Group Fair Trade - Coffee Sunday <u>Native Peoples' Mass</u> 12:30 p.m. **Celebration of Sacraments** 

**Baptism:** preparation required (please contact office)

**Reconciliation:** Saturdays 4:15 - 4:45 p.m. or by appointment

**Matrimony:** (couple contacts office one year in advance)

#### **Parish Ministries**

Pastoral Council Finance Council Liturgy/Faith Formation Altar Servers Music Ministry Lectors Eucharistic Ministers Collection Counters St. Ann Parish Food Bank Development and Peace Out of the Cold Program Handmaids of the Lord St. Ann Rosary Makers

120 First Avenue, Toronto, ON. M4M 1X1 (Corner Gerrard East & Degrassi St).

**Phone:** 416-466-2127

**Email:** stannsto@archtoronto.org **Website:** https://mativepeoplesmission.archtoronto.org

rg Website: https://stannsto.archtoronto.org



Saturday, April 29 at 5 p.m. Mass St. Catherine of Siena (M) Manny and Mavic Galicia – Thanksgiving Wedding Anniversary

Sunday, April 30 at 10:30 a.m. Mass for the Parishioner of St Ann

Monday, May 1 at 8 a.m. Mass For all the member of Galicia, Ignacio and Palanca - Healing

> Tuesday, May 2 at 8 a.m. Mass St Athanasius (M)

Wednesday, May 3 at 8 a.m. Mass

Thursday, May 4 at 8 a.m. No Mass

Friday, May 5 at 06 p.m. Holy Hour, 07 p.m. Mass,

Saturday, May 6 at 5 p.m. Mass *Carmen Ale* 

Sunday, May 7 at 10:30 a.m. Mass for the Parishioners of St. Ann Patrick Palanca - B'day

Sunday, May 7 at 12:30 p.m. Native people's Mass

Sunday, May 7 at 6 p.m. Mass

### 4<sup>th</sup> Sunday of Easter Year A



The readings for the 4th Sunday of Easter Year A invites us to reflect on the image of Jesus as the Good Shepherd who cares for

his flock. This image reminds us that Jesus is intimately involved in our lives, and that he knows us and loves us individually. It also reminds us that we are called to follow him, and to trust in his guidance and protection.

As we reflect on this image of the Good Shepherd, we are invited to consider the quality of our own relationship with Jesus. Do we recognize his voice and follow him? Do we trust in his care and protection, even in the face of difficulty or uncertainty? Are we willing to let him guide us on the path he has set for us?

- Protection and Perseverance
- A Community of Believers

# **OFFERTORY COLLECTIONS**

#### Weekend of April 15 and 16

Envelopes (53)	\$ 831.00
Loose	\$ 263.65
Good Friday	\$145.00
Easter	\$40.00



"The Lord is my shepherd, I shall not want. He makes me lie down in green pastures." These are the beautiful opening verses of Psalm 23 which describes God as a shepherd taking care of His people. One attribute of shepherds that is especially poignant is how hard they labour for the good of their flock. Faithful shepherds will journey with their flock, seek out the lost sheep and defend them from any ravaging predators. Jesus does this as well, labouring for us so that we may reach our eternal home where we will rest in His love. As Christians we are called to imitate Christ in all things including being a shepherd. We too should labour for others, putting their needs before our own. To be a shepherd is essentially to be a good steward. As stewards, we offer ourselves and our gifts for the good of others, especially our parish communities. Let us labour for Christ and His Church in thanksgiving for how he labours for us. One practice we can adopt, especially on this world day of prayer for vocations, is to encourage and pray daily for an increase in vocations to priesthood and religious life. Cardinal Collins in his Pastoral Letter on Stewardship\* says that "stewardship parishes report an ... increase in religious and priestly vocations." Let us play our part as stewards and begin to share our gifts for the good of the Church.

*Summary:* Faithful shepherds labour for their flock by journeying with them, seeking out the lost sheep and defending them from any ravaging predators. As Christians we are called to imitate Christ in all

#### 4th Sunday of Easter: April 30, 2023

things including being a shepherd, which means we too should labour for others, putting their needs before our own. Let us labour for Christ and His Church in thanksgiving for how he labours for us.

- Stewardship Bulletin Reflections, Archdiocese of Toronto

#### **Riverdale Together**

There is a new initiative taken, in collaboration with St. mattew Anglican Church, and with La Moon Café, to welcome the people to see our churches and to come and see. This program will take place on **May 7<sup>th</sup> from 11 a.m. to 5 p.m**. we will be able to showcase our activities and welcome people to see our churches and ask questions if they have any. There is also an opportunity for people to showcase their crafts and creative works. For details, please see the bulletin board in the church or talk to Fr. Farncis.

# Mental health in the faith Communities Awareness Sunday

Sunday, May 7 2023, has been chosen as *Mental Health in the Faith communities Awareness Sunday throughout the archdioces of Toronto.* This day is intended to raise awareness I n our parish communities of the importance of mental health, how we need to look after it and how important it is to get help if we are struggling. Increasing awareness about mental health also helps people living with mental health issues to feel less alone. In our faith communities, people often report experiencing shame or stigma attached to mental health and mental health illness. Having open conversations about mental health issues, listening, and sharing information, opens doors to seeking help, and healing.

#### The Gift of Faith and Mental Health

The southdown Institute invites you to join them fo a day of insighful, educational, and practical talks to promote mental health, wellness and spirituality, designed specifically for the catholic community of faith.

**Date**:Friday, May 12, 2023 Time: 10 a.m. to 3 p.m. Location: Nativity of Our Lord Parish Hall 480 Rathburn Road, Etobicoke, On M9C 3S8

This is a free event, and registration is required to attend. To register, visit <u>www.southdown.on.ca</u> For the details see the notice board.

#### Serra's 'Vocation Seeds'

World Day of Prayer for Vocations -The Good Shepherd calls his own sheep by name and leads them. Is He asking you to help others to find Him? Pray for an increase in vocations to the priesthood, diaconate, and religious life, especially for our archdiocese, that God will raise up good shepherds in our midst.

email vocations@archtoronto.org www.vocationstoronto.ca

#### **Pope's Prayer Intentions 2023**

The Pope prayer intention for 2023 represent a wide array of challenges facing humanity and are the result of much prayer and discerment. In **April**, we pray with Pope Francis for a culture of peace and non-violence. "We pray for the spread of peace and non-violence, by decreasing the use of weapons by states and citizens." - **Pope Francis** 

#### Wellness Tip

You are 60% water! Over half of your body is made of water and requires it to function normally. While you know drinking enough water throughout the day is important, you may not know all the amazing things water is doing in your body.

So, how much fluids should you drink to stay hydrated? Dietitians of Canada recommends women 19 years and older drink 9 cups of fluids (1 cup = 250 ml) and 12 cups for men 19 years and older. However, fluid needs will vary depending on age, sex and level of physical activity.

#### Try drinking a glass of water:

 $\Box$  When you wake up  $\Box$  Before each meal  $\Box$  Before, during and after vigorous exercise for optimal performance and to replenish lost fluids

 $\Box$  One hour before bed to keep you hydrated while sleeping.



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