Holy Eucharist

Daily Mass	1.
Monday-Thursday	8:00 a.m.
Friday (Adoration)	6:00 p.m.
(Holy Eucharist)	7:00 p.m.
Saturday Vigil	5:00 p.m.
Sunday	10:30 a.m.
	6:00 p.m.
Native Peoples' Mass	12:30 p.m.
Bridgepoint Hospital	2:30 p.m.

The Parish Community of St. Ann

Served by the Holy Cross Fathers

120 First Ave. Toronto, ON M4M 1X1 (Corner Gerrard East & Degrassi St). Phone: 416-466-2127 Fax: 416-778-6545 Email: stannparishtoronto@gmail.com Website: www.stanntoronto.com

> Native Peoples' Mission: 416-466-2127 Website: https://nativepeoplesmission.archtoronto.org

THE YEAR OF CARE FOR CREATION

OFFICE HOURS

Sunday – Tuesday: 9:00 a.m. - 5:00 p.m. Wednesday & Thursday: 9:00 a.m. – 1:00 p.m. Friday & Saturday: Closed

Pastoral Staff

Pastor Fr. Wilson Andrade CSC	
In Residence	
Fr. Francis Noronha, CSC	
Native Mission Coordinator:	
Sr. Patricia Lao, RNDM	
Secretary	Aymara Toro
Finance	Anne Francis
Pastoral Assistant	
Maria Fernandes	
Baptism	Fe Santos
RCIA	Rolly Cabas
Development & Peace	
	Catherine Barry
Food Bank	
Carlos & Colette Carreiro	
Music Ro	onald Vengie Fabre
Custodian	Ed Keenan
Cook	Cristina Acosta
Caretaker	Rosalie Tolentino

Celebration of Sacraments

Baptism: preparation required (please contact office)

Reconciliation: Saturdays 4:15-4:45 p.m. or by appointment

Matrimony: (couple contacts office one year in advance)

UNITY IN DIVERSITY - Mission Statement "Moved by the Good News of Jesus Christ... We value our diversity"



"The creation waits with eager longing for the revelation of the Children of God" (Cf. Romans 8: 19)

Saturdays

9:30 - 11:00 a.m.: Food Bank 4:15 p.m.: Novena to St. Bro. Andre 4:30 p.m.: Novena to St. Ann 6:00 p.m.: 1st Saturdays - Healing Service 6:00 - 8:00 p.m.: Holy Family Prayer Group

Sundays

9:15 a.m.: Divine Mercy & Rosary 10:30 a.m. Mass: Children's Liturgy 1st Sundays 11:30 a.m.: Fair trade - Coffee Sunday 7:00 p.m.: Youth Discernment Program 4th Sundays 3:00 p.m.: Rosary Makers Program

Parish Ministries

Pastoral Council **Finance Council** St. Ann Food Bank Holy Cross Family Ministry - Canada Liturgy/Faith Formation **Music Ministry** Altar Servers Lectors & Eucharistic Ministers **Collection Counters** Hospitality committee **Development and Peace Refugee Resettlement Group** Holy Family Prayer Group Holy Cross Youth Movement Handmaids of the Lord Grief Ministry

TWENTY-FIRST SUNDAY IN ORDINARY TIME: AUGUST 25, 2019 CELEBRATING THE YEAR OF CARE FOR CREATION

Mass Intentions (August 23 – August 30, 2019)

Saturday - August 24: 5:00 p.m. + Amada Gamateo Req. Connie Altarejos-Lee

Tuesday - August 27: 8:00 a.m. Anthony Fernandes Req. Maria Fernandes

Saturday, August 31: 5:00 p.m. Thanksgiving for Chelseeiah Biason

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Rosary Makers Training Program

The Holy Cross Family Ministries -Canada at St. Ann Parish are hosting our next group of Rosary Makers' Training event today August 25, **2019,** in the Parish Hall. If you would like to become a Rosary Maker, please fill out the Registration Form.



Thank you for helping us spread God's message of love in the families. For more information contact: Fr. Wilson Andrade, CSC at 416 466 2127 or email: familyministry.canada@gmail.com

Food Bank Volunteers

Have you been looking for a way to give back to your community? Well there is a way, the St. Ann Food Bank is looking for volunteers. We run every Saturday morning in the basement of the church and need volunteers for many different duties. If you are interested and have some extra time, please feel free to email cancarr@sympatico.ca for more information. Looking forward to hearing from you!

Care for Creation – August, 2019

As we celebrate the year of Care for Creation, the month of August we invite you make conscious decisions in using Technology and going to die tomorrow." the material things we have and possess.

"Take care of your body as if you were going to live forever: and take care of your soul as if you were

- Saint Augustine of Hippo

On August 15, we celebrated the feast of the Assumption of Blessed Virgin Mary. The Assumption of Mary into Heaven is, according to the beliefs of the Catholic Church, Eastern and Oriental Orthodoxy, the bodily taking up of the Virgin Mary into Heaven at the end of her earthly life. Let this month be a time for us to take care of our personal self, our body, mind, and spirit, reflecting on many blessings we have received from God and use them for the glory of God.

St. Ann's Resettlement Committee

We are pleased that our Syrian family is doing very well. The parents are taking ESL classes and the children are in school.

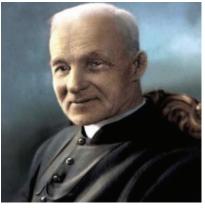
Gift Cards: Thank you to everyone who has donated gift cards, they do make a substantial difference to our family's welfare. If you wish to contribute, donate during the regular collection. Committee Volunteer: If you would like to become a committee volunteer please contact the office. Thank you for your support.

Relic of St. Brother Andre at St. Joseph and St. Ann Parish, Toronto Sunday, August 25, 2019

We invite everyone to join us as we welcome and venerate the Relic of Saint Brother Andre today August 25.

At. St. Joseph Parish (162 Leslie St., Toronto), Holy Mass will be celebrated at 10:00 a.m., followed by a presentation on the life of Saint Brother Andre and veneration of his relic till 12 noon. The Relic will be kept for public veneration from 3:00 pm to 8:00 pm at St. Ann Parish. All are welcome to celebrate with the Holy Mass at 6:00 pm and a short presentation on the life of St. Bro. Andre, CSC.

Place: St. Ann Parish, Toronto Veneration of the Relic: Sunday, 3:00 pm to 8:00 pm Holy Mass: 6:00 pm Presentation: 7:00 pm



TWENTY-FIRST SUNDAY IN ORDINARY TIME: AUGUST 25, 2019 CELEBRATING THE YEAR OF CARE FOR CREATION

Making Good Choices

Our conscience is the inner voice that helps us to know the law God has placed in our hearts. Our conscience helps us to judge the moral qualities of our own actions. It guides us to do good and avoid evil. The Holy Spirit can help us to form a good conscience. We form our conscience by studying the teachings of the Church and following the guidance of our parents and pastoral leaders.

God has given every human being freedom of choice. This does not mean that we have the right to do whatever we please. We can live in true freedom if we cooperate with the Holy Spirit, who gives us the virtue of prudence. This virtue helps us to recognize what is good in every situation and to make correct choices. The Holy Spirit gives us the gifts of wisdom and understanding to help us make the right choices in life in relationship to God and others. The gift of counsel helps us to reflect on making correct choices in life.

The Ten Commandments help us to make moral choices that are pleasing to God. We have the grace of the sacraments, the teachings of the Church, and the good example of saints and fellow Christians to help us make good choices.

Making moral choices involves the following steps:

1. Ask the Holy Spirit for help.

2. Think about God's law and the teachings of the Church.

3. Think about what will happen as a result of your choice. Ask yourself, will the consequences be pleasing to God? Will my choice hurt someone else?

4. Seek advice from someone you respect and remember that Jesus is with you.

5. Ask yourself how your choice will affect your relationships with God and others.

Making moral choices takes into consideration the object of the choice, our intention in making the choice, and the circumstances in which the choice is made. It is never right to make an evil choice in the hope of gaining something good.

The Daily Examen of St. Ignatius of Loyola

It is a method of reviewing your day in the presence of God. It's actually an attitude, more than a method, a time set aside for thankful reflection on where God is in your everyday life. It has five steps and takes 15 to 20 minutes for daily reflection.

1. Ask God for Light

Become aware of God's presence. I want to look at my day with God's eyes, not merely my own.

2. Review the day with gratitude.

Give thanks. The day I have just lived is a gift from God. Be grateful for all God's blessings.

3. Review the day.

Pay attention to your emotions and your behaviors. I carefully look back on the day just completed, being guided by God

4. Face your failures

Choose one feature of the day and pray from it. I face up to what is wrong - in my life and in me.

5. Look toward tomorrow.

I ask God's help in my future decision making, by learning from my failures and thanking for my achievements.

Taken from: https://www.loyolapress.com/

Prayer of Discernment

(Thomas Merton-Trappist Monk) My Lord God, I have no idea where I am going I do not see the road ahead of me I cannot know for certain where it will end. Nor do I really know myself, and the fact that I think that I am following your will does not mean that I am actually doing so. But I believe that the desire to please you does in fact please you and I hope I have that desire in all I am doing. I hope that I will never do anything apart from that desire. And I know that if I do this, you will lead me on the right road though I may know nothing about it. Therefore, will I trust you always. Though I may seem to be lost and in the shadow of death, I will not fear, for you are ever with me and you will never leave me to face my

struggles alone. Amen.

